### Continuous learning throughout life can bring people a range of benefits.

Education and training improve mental capital, which in turn increases resilience in later life. Learning can also help improve physical and mental health, reducing pressure on family and community resources.











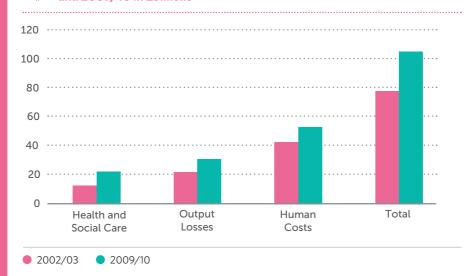
# Mental health issues have cost implications for the state and to employers.

According to the OECD in 2014, mental health issues cost Britain £70bn a year and were the cause of 40% of the 370,000 new claims for disability benefit each year.

The cost represents **4.5% of GDP** each year, caused by productivity losses, higher benefit payments and the increased cost to the NHS.



Economic and social costs of mental health problems in England in 2002/3 and 2009/10 in £billions



**Source:** Centre for Mental Health (2010) The economic and social costs of mental health problems in 2009/10















### Learning can benefit mental resilience and age-related cognitive decline.

#### In terms of accredited learning, there is evidence of:



An effect on life satisfaction, but the association is not robust to the inclusion of controls for concurrent adult social and economic status, and it is related to women rather than the full sample.



An effect of accredited learning on decrease in men's self-efficacy.

#### In terms of non-accredited learning, there is evidence of:



An effect of leisure or interest-related learning on increased life satisfaction, in relation to women.



A positive impact of work-related training on life satisfaction.



An effect of leisure or interest-related learning in decreasing female depression.



A positive impact of work-related training on self-efficacy.



A positive effect of leisure or interest-related learning on self-efficacy.



A significant unconditional association between work-related training and improvements in depression – although this is reduced once controls are included.

**Source:** BIS (2012) The Relationship between Adult Learning and Wellbeing: Evidence from the 1958 National Child Development Study



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## Employment rates are higher for those with higher levels of education.

## Education levels are also important for understanding wage differentials Median Hourly Pay Proportion in Employment **Degree A-Levels GCSEs No Qualification**

**Sources:** ONS (2011) Earnings by Qualification, 2011 | ONS (2014) Fewer than half of those with no qualifications were in employment







Financial and technological skills will be increasingly important as the population ages. Evidence shows that these skills can improve people's retirement savings and their work and health outcomes.

However they are particularly problematic for older people to develop and maintain, so may require specific focus from policymakers.



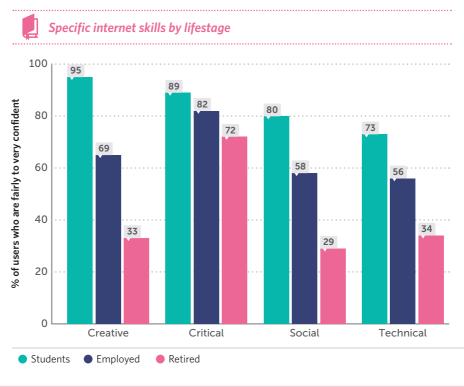






Current older people have lower technological skills affecting the benefits technology can bring to an ageing population.





**Source**: Oxford Internet Surveys (2013) Cultures of the Internet: The Internet in Britain











People with low levels of Defined
Contribution savings appear to be least
well equipped with the necessary skills
to take the best decisions about their
pensions



Source: Silcock, D. (2015). Foresight evidence review







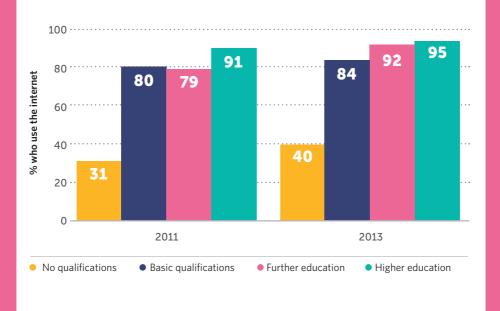


## Throughout the lifecourse, use of modern ICT is linked to educational attainment.

A strong association has been found between internet use and whether respondents (of all ages) have qualifications, and attained education is a strong predictor of non-use among older adults.



Use by educational qualifications



**Source**: Oxford Internet Surveys (2013) Cultures of the Internet: The Internet in Britain





#### Participation in organised adult learning is falling.

Older people are currently less likely to receive workplace training or participate in adult education, and there are differences in participation across socio-economic groups, genders and ethnicities. Participation rates need to be increased to fully realise the benefits of lifelong

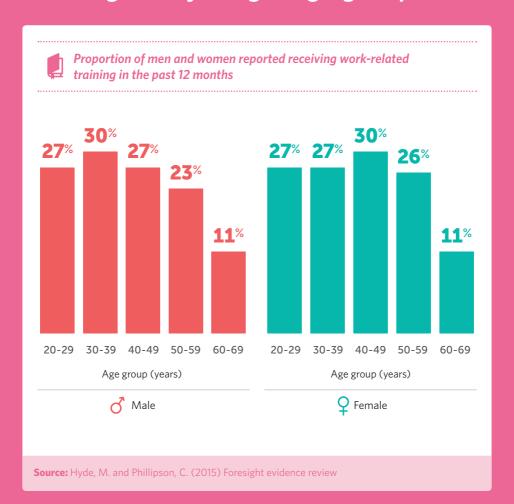








Despite all the benefits of continuing to learn throughout life, older people are currently less likely to participate in learning than younger age groups.

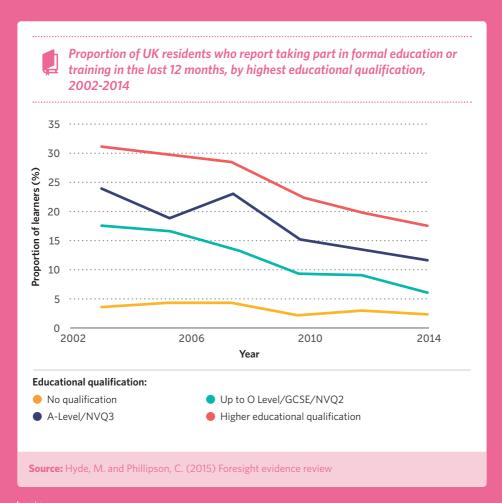








Those with higher levels of education, higher incomes or in full-time work are more likely to participate in learning activities.



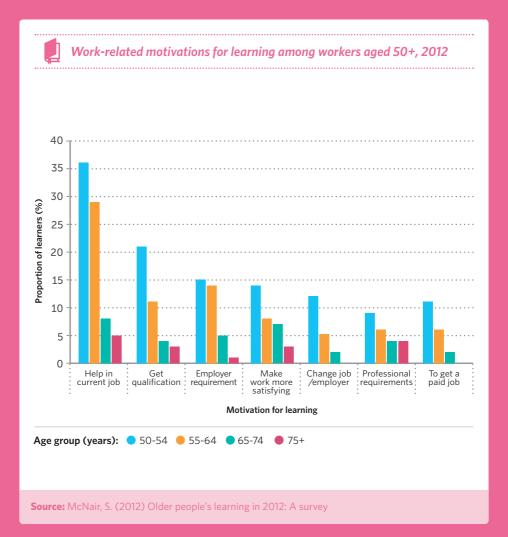








There are a range of motivations for work-related learning. These vary by age.













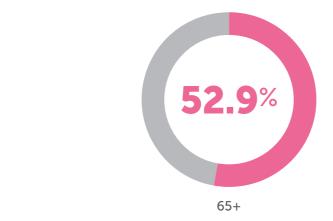


#### Older workers have lower levels of tertiary education.

The 65 and over age group was the only age group with more people reporting no qualifications as opposed to at least one qualification.



Proportion with no qualifications by age group in England and Wales









25-34



35-49



50-64

**Source:** ONS (2014) Local Area Analysis of Qualifications Across England and Wales



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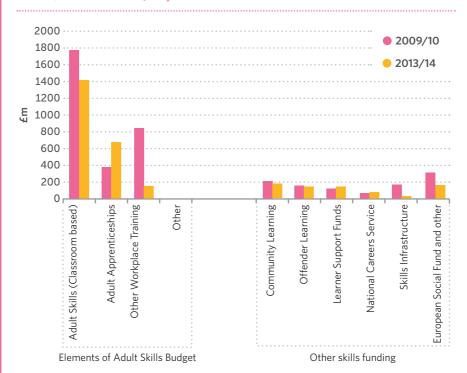


## Government funding for adult education is reducing.

Funding for adult education is expected to decline by 24% for the 2015-16 academic year (plus additional 3.9% cut to non-Apprenticeship Adult Skills Budget)



Spending on elements of adult skills training 2009–10 to 2013–14 (real terms 2009/10 prices)



**Source:** LSE (2015) The Coalition's record on Further and Higher Education and Skills: Policy, Spending and Outcomes 2010-2015



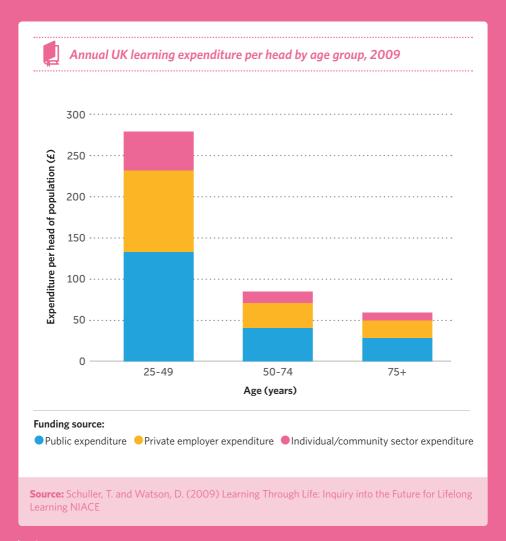








# Private and public spending on learning declines rapidly per head of population for those over 25.



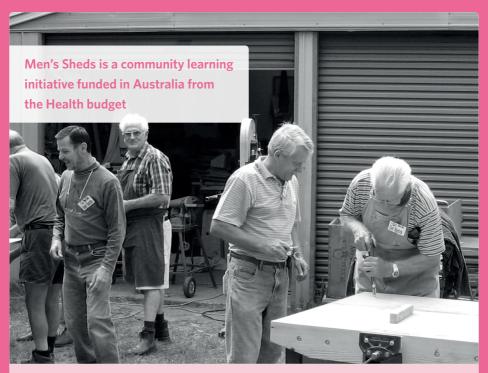








Community learning initiatives have been found to be an effective way of addressing the adverse effects of retirement and social isolation and provide a mechanism for health promotion.



**Source:** Cordier, R. and Wilson, N. J. (2014) Community-based Men's Sheds: promoting male health, wellbeing and social inclusion in an international context Health Promotion International 29 483-493









# The proportion of training paid for in part or in whole by employers reportedly declines with age.

